

AI Safety for 7-11 year olds.

Tips for talking to your child



Understanding what AI is and how it can be used

Example: Look at a drawing or story generator together and say, “This tool uses AI to make pictures or ideas – but it’s still important to add your own creativity”.



Show how AI can help but shouldn’t do everything for them

Example: If they ask an AI tool to write a short story, encourage them to add their own ideas or illustrations rather than copying it directly.



Help them understand AI can get things wrong

Example: Ask an AI tool a simple question like “What’s the biggest animal in the world?” then look it up on a trusted website together to compare answers.



Teach them to question surprising images or videos

Example: Show them a silly AI-generated image (like an animal with funny features) and talk about how some AI creations look real even when they aren’t.



Make it clear they can come to you anytime

Example: If your child sees a strange or scary image online, encourage them to bring the device to you or another trusted adult straight away so they can talk about it with someone.

Children’s experiences with AI change over time. These age-specific tips give you simple, practical ways to support them and help them feel confident coming to you whenever something doesn’t look quite right.

It pays to be connected



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Every little helps