

We're serving up some online safety tips.

We know it can be difficult for parents to have conversations about internet safety, that's why we've teamed up with online safety experts Internet Matters – to give you practical tips and advice that make those conversations easier.

Conversations don't have to be difficult.

The best chats happen naturally. Everyday moments like the school run, bedtime, or making dinner are perfect opportunities to check in.

Different ages need different approaches:

Younger children – keep it playful. Ask about their favourite games and characters, and use stories to explain online safety.

Older children – make it a discussion. Ask their opinions on online issues, like privacy, misinformation, or trends.



It pays to be connected

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What is your favourite thing to do online on your phone, laptop or tablet?

How do you keep your accounts safe? Why do you think having a strong password is important?

What would you do if you saw something online that upset you?

If a friend was mean to you or someone else online, what would you do?

Do you think that what you post online now could affect you in the future? How?

What are 4 things you need to be careful about sharing online with others?

Let's get started.

"If it's not right to say to someone face-to-face, it's not right to say online." What do you think and feel about this?

What would you do if your friend shared a comment that was funny, but could hurt someone else?

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Can you think of two kind things you can do online to show you care about someone else?

Why might disagreeing with someone online be different to 'online hate'?

What would be the first thing you do if you ever receive nasty comments online?

What would you do if a child, who you didn't know, started talking to you online? How would it be different if you found out that they were an adult?